

The Back & Neck Relief Center MASSAGE REVOLUTION

Set Your Love Free From Pain With Medical Massage



Local Family-Owned Massage Business Shares the Love This Valentine's Day

LOS ANGELES - Jan. 30, 2021 - [PRLog](#) -- As the saying goes, when you love someone, set them **free**.

<https://www.youtube.com/watch?v=Fgxoy-BiOKU>

This Valentine's Day, LA's number one rated [Massage Revolution's](#) Back & Neck Relief Center in Manhattan Beach, CA, wants to set you and your loved ones free from pain. Trigger point massage and neuromuscular therapy provide relief from pain in back and neck muscles, and virtually anywhere in the body — *without resorting to drugs or surgery*.

"The lockdown and isolation of the past year is really taking its toll." Michael Greenspan is the head of the family-owned Massage Revolution in Manhattan Beach. "We've got people coming in who haven't been touched in almost a year. They're desperate for relief, and we're thrilled to be able to help."

<https://www.youtube.com/watch?v=Fgxoy-BiOKU>

If you've never heard of trigger points, you're not alone. Despite their prevalence, trigger points aren't something people talk much about. But that doesn't change the fact that trigger points cause a lot of unnecessary suffering. Trigger points are like tiny cramps in muscles. The pain they cause ranges from general stiffness to cramps so intense you can barely move. In fact, trigger points are the most common cause of muscle pain. Trigger points are also a culprit behind issues that may seem unrelated to muscles, like headaches, indigestion and allergies. While repetitive motion and poor posture frequently cause trigger points, stress is also a major contributor. Trigger point therapy and neuromuscular massage release these tight spots, allowing for normal range of motion and freedom from pain.

<https://www.youtube.com/watch?v=CtQNneWz0Co>

[Massage Revolution's](#) Back & Neck Relief Center is one of the biggest massage centers in LA and it has

over three dozen massage therapists on staff. A single session may be all it takes to alleviate the problem, even if it has been bothering you for years. Massage Revolution also offers subscription packages for people who want to stay ahead of the game. If you or a loved one is suffering, now is the perfect time to take care of it.

<https://www.youtube.com/watch?v=SxFsKAcit-E&t=7s>

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Source	Massage Revolution's Back/Neck Relief Center
City/Town	Los Angeles
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Country	United States
Industry	Health
Tags	Massage Near Me , Back Pain Los Angeles , Neck Pain Los Angeles , Massage Revolution
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